



# The Olive Oil Mill

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**Danilo Manco**

*Apulia Blend Ltd.*

## Il Vergine - 1000ml

**Price: £6.95 (including 0 % tax)**



### **Olio vergine di Oliva**

A perfect Olive Oil with all the healthy benefits of the olive for your everyday cooking and frying, *yes frying*. It is good to fry with olive oil, especially when compared to butter and seeds, olive oil has a higher breaking point (200C). The best temperature for frying is usually between 180C and 190C.

[Vendor Information](#)